

WEEK 10**Hardware Store**

- waterproof portable plastic container (with lid) for important papers
- portable am/fm radio (with batteries)

Also: blankets or sleeping bag for each family member.

To Do

- Make photocopies of important papers and store safely.

WEEK 11**Grocery Store**

- 1 large can juice*
- large plastic food bags
- 1 box quick energy snacks
- 3 rolls paper towels

Also: sunscreen, if needed.

To Do

- Store a roll of quarters for emergency phone calls.
- Go on a hunt with your family to find a pay phone near home.

WEEK 12**First Aid Supplies**

- anti-diarrhea medicine
- rubbing alcohol
- 2 pair latex gloves

Also: items for denture care, if needed.

To Do

- Take a family trip to gas meter and water meter shutoffs.

WEEK 13**Hardware Store**

- whistle

- ABC fire extinguisher
- pliers
- vise grips

To Do

- Take a first aid/CPR class.

WEEK 14**Grocery Store**

- 1 can meat*
- 1 can fruit*
- 1 can vegetables*
- 1 package paper plates
- 1 package eating utensils
- 1 package paper cups
- adult vitamins

To Do

- Make a plan to check on a neighbor who might need help in an emergency.

WEEK 15**Hardware Store**

- extra flashlight batteries
- masking tape
- hammer
- assorted nails
- "L" brackets to secure tall furniture to wall studs
- wood screws

To Do

- Brace shelves and cabinets

WEEK 16**Grocery Store**

- 1 can meat*
- 1 can vegetables*
- 1 box large heavy-duty garbage bags
- tissues
- 1 box quick energy snacks.

To Do

- Join your neighborhood Community Emergency Response Team (CERT)!

WEEK 17**Grocery Store**

- 1 box graham crackers
- assorted plastic containers with lids
- assorted safety pins
- dry cereal

To Do

- Arrange for a friend or neighbor to help your children if you are at work.

WEEK 18**Hardware Store**

- "child proof" latches or other fasteners for your cupboards
- double-sided tape or Velcro-type fasteners to secure moveable objects

To Do

- Pack a "go-pack" in case you need to evacuate.

WEEK 19**Grocery Store**

- 1 box large heavy-duty garbage bags
- 1 box quick energy snacks (such as granola bars or raisins)

To Do

- Conduct a tornado drill for your household.

WEEK 20**Hardware Store**

- camping or utility knife
- extra radio batteries

Also: purchase an emergency escape ladder for second story bedrooms if needed.

To Do

- Find out about your workplace disaster plans.

WEEK 21**Hardware Store**

- heavy work gloves
- 1 box disposable dust masks
- screwdriver
- plastic safety goggles

WEEK 22**Grocery Store**

- extra hand-operated can opener
- 3 rolls paper towels

WEEK 23**Hardware Store**

- battery powered camping lantern with extra batteries

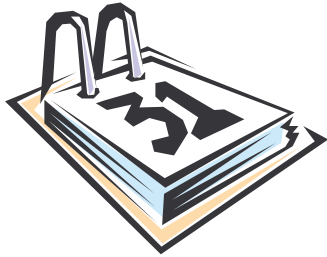
WEEK 24**Grocery Store**

- large plastic food bags
- plastic wrap
- aluminum foil

For additional information on
"How to Prepare for a Disaster"
 contact Homeland Security
 and Emergency Management

675-2569

Start a Disaster Supply Kit in 24 weeks



Sheridan County Office of
Homeland Security
and
Emergency Management

675-2569

WEEK 1

Grocery Store

- 1 gallon of water*
- 1 jar of peanut butter*
- 1 large can juice*
- 1 can meat*
- hand-operated can opener
- instant coffee, tea, powdered soft drinks
- permanent marking pen to mark date on cans (remember 1 gallon of water for each pet)

Also: pet food, diapers, and/or baby food if needed.

To Do

- Make a family plan.
- Date each perishable food item using marking pen.

WEEK 2

Hardware Store

- crescent wrench
- heavy rope
- duct tape

Also: a leash or carrier for your pet, if needed.

To Do

- Check your house for hazards.
- Locate your gas meter and water shutoffs and attach a wrench near them.

WEEK 3

Grocery Store

- 1 gallon of water*
- 1 can meat*
- 1 can fruit*
- sanitary napkins
- video tape (remember 1 gallon of water for each pet)

Also: pet food, diapers, and/or baby food, if needed.

To Do

- Use a video camera to tape the contents of your home for insurance purposes.
- Store video tape with friend/family member who lives out of town.

WEEK 4

Hardware Store

- plumber's tape
- crowbar
- smoke detector with battery

Also: extra medications or a prescription marked "emergency use," if needed.

To Do

- Install or test your smoke detector.
- Tie water heater to wall studs using plumber's tape.

WEEK 5

Grocery Store

- 1 gallon of water*
- 1 can meat*
- 1 can fruit*
- 1 can vegetables*
- 2 rolls toilet paper*
- extra toothbrush*
- travel size toothpaste

Also: special food for special diets, if needed.

To Do

- Have a fire drill at home.

WEEK 6

First Aid Supplies

- aspirin and/or acetaminophen
- compresses
- rolls of gauze or bandages
- first aid tape
- adhesive bandages (in assorted sizes)

Also: extra hearing aid batteries, if needed.

To Do

- Check with your child's day care or school to find out about their disaster plans.

WEEK 7

Grocery Store

- 1 gallon of water*
- 1 can ready to eat soup (not concentrate)*
- 1 can fruit*

- 1 can vegetables*

Also: extra plastic baby bottles, formula and diapers, if needed.

To Do

- Establish an out-of-state contact to call in case of emergency.

WEEK 8

First Aid Supplies

- scissors
- tweezers
- antiseptic
- thermometer
- liquid hand soap
- disposable hand wipes
- sewing kit

Also: extra eyeglasses, if needed.

To Do

- Place a pair of shoes and a flashlight under your bed so that they are handy during an emergency.

WEEK 9

Grocery Store

- 1 can ready-to-eat soup*
- liquid dish soap
- plain liquid bleach
- 1 box heavy-duty garbage bags

Also: saline solution and a contact lens case, if needed.

To Do

- Send some of your favorite family photos (or copies) to family members out of state.

* denotes per person in your household