Welcome Home Visit

FOR NEWBORNS & THEIR PARENTS

When your newborn arrives, we are here to **help you** with your questions and concerns about parenting.

Sheridan County Public Health

297 S. Main Street

Sheridan, WY 82801

(307) 672-5169

Sheridan County
Public Health

What is a "Welcome Home" visit?

- A visit in your home or the Public Health Office, which ever you prefer.
- A professional Public Health Nurse will visit you. There is no charge or fee.
- We encourage you to bring up your concerns and questions
- You may receive information on how to care for your baby: feeding, growth and development, safety, immunizations, health guidance, and other topics.
- The nurse will weigh your baby if you like.
- You may request breastfeeding support and information
- You may receive personal healthcare information for yourself.
- You can learn how to access other community services that you may need.
- Your visit will last about 30 minutes. You may request additional visits.

How do I get a "Welcome Home" visit?

- Let your nurse at the hospital know you'd like a Welcome Home visit; **OR**
- Call Sheridan County Public Health and request a Welcome Home visit- talk with a nurse, who will schedule your visit at a convenient time; **OR**
- Fill out the form included in your information packet provided to you by the hospital before you discharge. (The hospital will fax the form to Sheridan County Public Health and a nurse will call you to schedule a visit after you get home from the hospital.)

- "Welcome Home" visits DO NOT take the place of your regular well-baby or postpartum appointments with your doctor.
- Sheridan County Public Health is jointly funded by Sheridan County and the Wyoming Department of Health.
- Public Health Services are available to all citizens of Sheridan county without regard to race, color, national origin, age, religion, sex, disability, or ability to pay.

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