

SURVIVAL EQUIPMENT AND SUPPLIES

TO PREPARE YOUR KIT

- Gather the supplies that are listed. You may need them if your family is confined at home.
- Place the supplies you'd most likely use for an evacuation in an easy-to-carry container.
- Possible containers include
 - ❖ a large covered trash container
 - ❖ a camping backpack or a duffle bag
- There are six basics you should stock for your home: water, food, first aid supplies, clothing and bedding, tools and emergency supplies.

WATER

- Make sure the water storage container you plan to use is of food grade quality, such as 2-liter soda bottles, with tight-fitting screw-cap lids. Milk containers are not recommended because they do not seal well.
- Store one gallon of water per person per day and keep at least a three day supply of water on hand.

FIRST AID KIT

Assemble a first-aid kit for your home and one for each car. A first-aid kit should include:

- Sterile adhesive bandages in assorted sizes
- Assorted sized of safety pins.
- cleaning agent/soap
- latex gloves (2 pair)
- Sun Screen
- 2 inch sterile gauze pads (4-6)
- 4 inch sterile gauze pads (4-6)
- Triangular bandages (3)
- Non-prescription drugs
- 2 inch sterile rolled bandages (3 rolls)
- 3 inch sterile rolled bandages (3 rolls)
- Scissors
- Tweezers
- Needle
- Moistened towelettes
- Antiseptic
- Thermometer
- Tongue blades (2)
- Tube of petroleum jelly or other lubricant
- Medicine Dropper

NON-PRESCRIPTION DRUGS

- Aspirin or non aspirin pain reliever
- Anti-diarrhea medication
- Antacid (for stomach upset)
- Laxative

TOOLS AND SUPPLIES

- Mess kits or paper cups, plates and plastic utensils
- Battery operated radio and extra batteries
- Flashlight and extra batteries
- Cash or traveler's checks, change
- Non-electric can opener, utility knife
- Fire extinguisher, small canister A-B-C type
- Pliers
- Duct Tape
- Compass
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Signal Flare
- Paper, pencil
- Needles, thread
- Shut off wrench, to turn off household gas and water
- Whistle

SANITATION

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags (for personal sanitation uses)
- Plastic bucket with tight lid
- disinfectant
- Household chlorine bleach

CLOTHING AND BEDDING

- At least one complete change of clothing and footwear per person
- Sturdy shoes or work boots
- Rain gear
- Blankets or sleeping bags
- Bath towels
- Hat and gloves

- Thermal underwear
- Sunglasses

SPECIAL ITEMS

- Remember family member with special needs, such as infants and elderly or disabled persons

For Baby

- Formula
- Diapers
- Bottles
- Powdered milk
- Medications

For Adults

- Heart & high-blood pressure medication
- Insulin
- Prescription drugs
- Denture needs
- Contact lenses and supplies
- Extra eye glasses

Entertainment

- Games and books

Important Family Documents

Keep these records in a waterproof, portable container:

- Will, insurance policies, contract deeds, stock and bonds
- Passports, social security cards, immunization records
- Banks account numbers
- Credit card account numbers and companies
- Inventory of valuable household goods, important telephone numbers
- Family records (birth, marriage, death certificates)

Storing Your Disaster Kit

- Store your Disaster kit in a convenient place known to all family members. Keep a smaller version of the Disaster Supplies Kit in the trunk of your car.

- Keep items in air tight plastic bags. Change your stored water supply every six months so it stays fresh. Re-think you kit and family needs at least once a year. Replace batteries, update clothes etc.
- Ask your physician or pharmacist about storing prescription medications.